

SIGVARIS

LIFE FOR LEGS

Meet David O'Meara!

David O'Meara, The One Mile Runner, inspires older athletes (30+ years old) to learn how to avoid injury, recover quicker and develop functional strength.

**David wears SIGVARIS
Active Therapy Socks**

A growing trend among competitive athletes and weekend worriers is the use of compression therapy socks to help improve their athletic performance and recovery. Whether it's during the actual event, after the event, or even while traveling, athletes are making graduated compression socks part of their everyday attire, and so can you.

**Active Therapy Socks
are available here...
Buy yours today!**



**Meet The
One Mile Runner!**

Learn more about SIGVARIS Active Therapy Socks at:

AthleticRecoverySock.com

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Meet David O'Meara, The One Mile Runner!

*David O'Meara wears
SIGVARIS Active Therapy Socks.*

*Performance Socks improve
blood circulation and increase
oxygen delivery to muscle
tissue, increasing an athlete's
endurance.*

*Athletic Recovery Socks are the
ideal choice for post exercise
wear, both at the office and
around the house.*

**Active Therapy Socks
are available here...
Buy yours today!**

Learn more about SIGVARIS Active Therapy Socks at:
AthleticRecoverySock.com

Visit David O'Meara online:
www.onemilerunner.com

*True Graduated Compression from the
Global Leader in Compression Therapy*

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